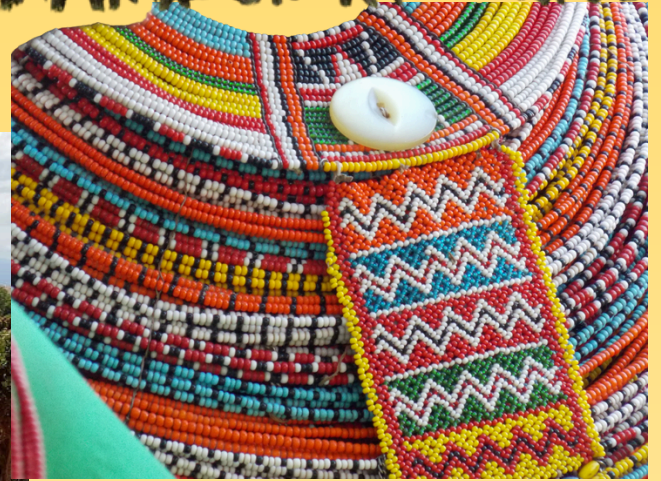




# ANNUAL REPORT 2025





**COMMUNITIES  
HEALTH AFRICA  
TRUST**



## **PROBLEM STATEMENT**

A lack of access to family planning information and services contributes to poverty, suffering, and environmental degradation, which negatively impacts communities and their surrounding ecosystems.

# LETTER FROM THE TEAM

*CHAT envisions a future where individuals, communities, and ecosystems across Africa flourish in health, dignity, and balance.*



**At the heart of this vision is a simple yet transformative truth:** being able to access family planning (FP) is a powerful catalyst for lasting change. When women and girls are empowered to make informed reproductive health choices, families thrive, communities grow more resilient, and the strain on fragile ecosystems is eased—creating a foundation for sustainable prosperity for generations to come

In 2025, CHAT continued to reach Kenya's most underserved communities with lifesaving fp services and messages. Guided by our People & Environment Health (PEH) strategy - a 'One Health' approach - we strengthened our partnerships, deepened community engagement, and maintained our commitment to delivering integrated, sustainable solutions where they are needed most.

As we look forward to 2026, we remain grateful for the trust and support of our partners and donors. Together, we are creating healthier communities, protecting vital ecosystems, and building a more economically resilient future for all.

**"Together, we're making a positive difference."**

-Communities Health Africa Trust (CHAT)

# KEY STRATEGIES, APPROACHES & ACTIVITIES

*CHAT'S mission is to support underserved individuals and communities in fragile ecosystems across Kenya to access family planning information & services.*









## APPROACH

Through its innovative Backpack Strategy, trained Community Own Resource Persons (CORPs) deliver door-to-door FP information, referrals, and linkages to essential services, including GBV response, animal health, disability inclusion, and conservation. This cost-effective One Health model strengthens health outcomes, livelihoods, and environmental sustainability.

Complementing this approach, CHAT can deploy motor mobile FP integrated health clinics (nurse & driver often accompanied by a M&E Officer) camping out in the communities for 10 days monthly that integrate FP with basic curative treatment, - an “entry point” to FP services.

## ACTIVITIES:

To enable underserved communities access to FP services CHAT embarks on the following activities while also working with partners to implement the following activities:

-  Advancing CHATs PEH approach in alignment with the global “One Health” strategy, recognising the interconnectedness of human, animal, and environmental health.
-  Community-Led Door-to-Door FP Outreach done by CORPs via CHAT’s Backpacking strategy providing FP-Centred Behaviour Change Communication (BCC)
-  Linking FP with Livelihoods & Environmental Conservation
-  Integrating Monitoring & Evaluation activities with FP focused Motor-Mobile health clinic outreaches, camping out for approx. 10-15 days a month
-  Mitigating gender based violence (GBV)
-  Health Systems Strengthening at the grassroots community level; CORPs take lead in strengthening their community structures
-  MoH Collaboration – CHAT’s main partner – CORPs linking with nearest health facilities building on referral systems
-  Monitoring & Evaluation (M&E)

Through providing accessible holistic FP services that integrate other health and environment/conservation awareness, CHAT supports communities to improve wellbeing while protecting the ecosystems the communities rely on.

# OUR REACH IN NUMBERS

# 151,673

In 2025, we successfully reached 151,673 individuals with integrated FP services, significantly improving access to essential healthcare resources in underserved communities.



## 108,478

FP Clients accessed modern contraceptives

## 88,510

FP Clients chose long acting contraception methods (3/5 yrs & IUDs)

## 50,526

Male and female condoms distributed to support dual protection (FP and STI prevention)

## 68

Community Own Resource Persons supported

## 33

Grassroots health support groups, Community Health Committees (CHC) & Village Development Committees (VDCs) strengthened

## 32

Integrated FP motor mobile health clinics camping out 10 - 15 days per outreach

## 13,466

Patients received basic curative treatment. (Entry/access point to FP services)

## 61

CHAT working with BodaBoda (motorcycle) riders supporting MoH & CHATs TB project in 2 counties Isiolo & Laikipia

## 948

confirmed TB positive patients

## 200

TB treatment defaulters traced & put back onto treatment.

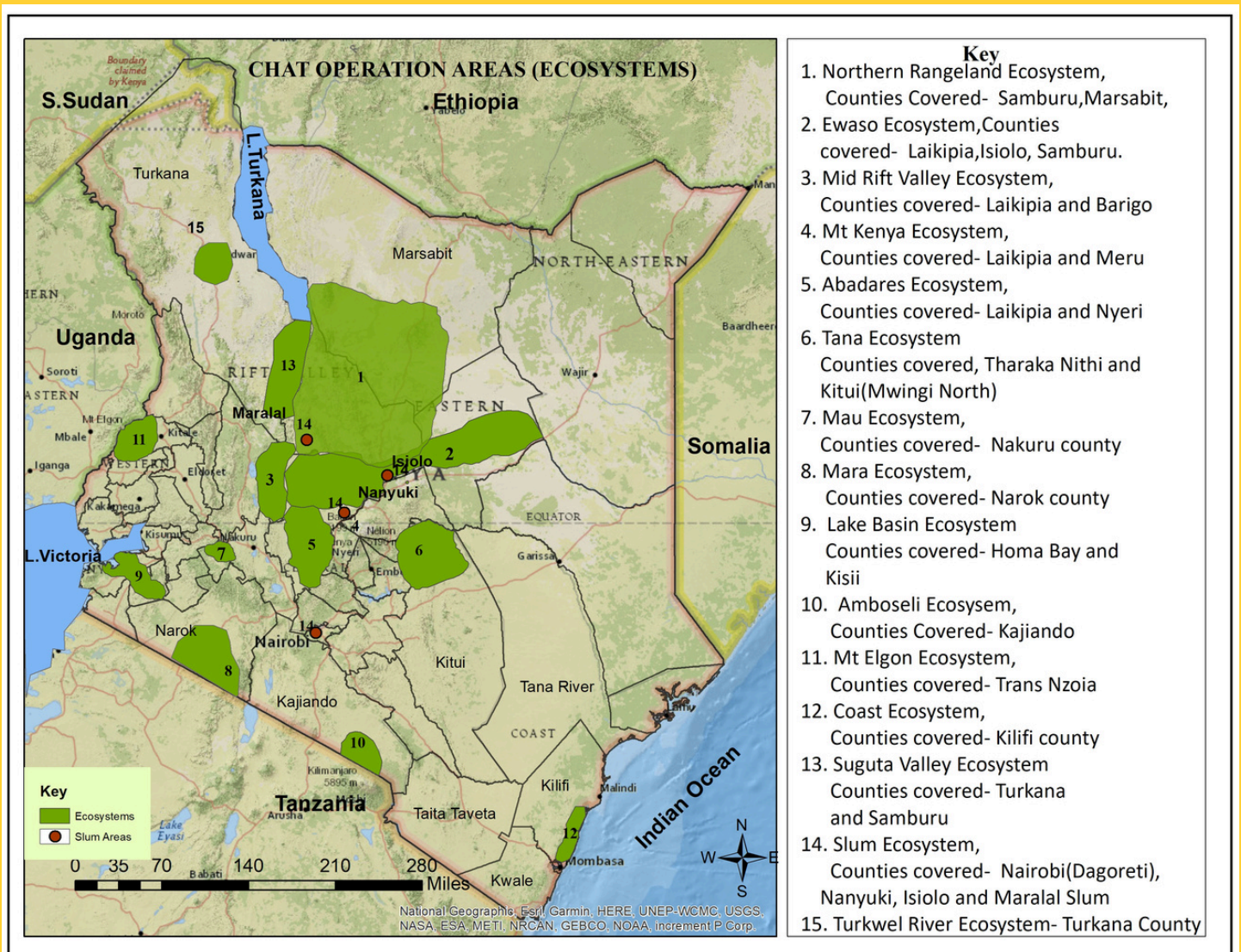
Through the integrated TB project, CHAT supported riders reached over 18,000 community members, screened 1,450 individuals for TB, and referred 320 sputum samples through strengthened sample referral networks, with TB interventions integrated alongside FP services.

## Some Outcomes Working Toward Impact

CHAT's 2025 outcomes highlight strong growth and commitment to community wellbeing. Through innovative approaches, we empowered individuals and families with FP education and services. By strengthening partnerships and supporting CORPs, we expanded access, responded to community needs, and promoted sustainable health solutions—working toward healthy, empowered communities living sustainably within their natural environment.

# 15 ECOSYSTEMS | 19 COUNTIES ONE INTEGRATED APPROACH

CHAT has identified 15 diverse ecosystems to work across – these stretch into 19 counties across Kenya, including mountain regions, acacia woodland/ dry land savannahs, semi desert, riverine, urban slums, lakes & coastal landscapes. Most of these areas support communities whose livelihoods depend heavily on natural resources, yet face increasing environmental pressure from unsustainable growth.



For a more detailed overview and interaction with CHAT's ecosystems, please click [here](#)

# Key Highlights

**CHAT's CORE PURPOSE is to enhance community well-being by providing access to family planning**

In 2025, CHAT expanded access to FP across Kenya through a practical One Health approach that connects human, animal, and environmental wellbeing.

For activities implemented in the first 6 months of 2025 please see CHAT's **JANUARY – JUNE 2025 – Bi Annual Report up on our website [HERE](#)**

Some of these activities – apart from ensuring access to FP services, included:

- **January:** CHAT staff resumed work on January 7<sup>th</sup> after their annual leave taken in December.
- **February:** Invited to the Loisaba Conservancy to meet with a supporter.
- **March:** Mirala Founder accompanied CHAT's M&E outreach, camping out for 10 days to Mt Elgon, Lake Victoria's Kendu Bay, and Mara.
- **April:** An American philanthropist joined the CHAT team in the field to film and to better understand CHAT's modus operandi and impact in the communities. The film is forthcoming.
- **May:** Invited to attend a conference in Nairobi facilitated by a funding partner.
- **June:** Expanded CHAT's door to door backpack activities into Lodwar - Turkwel River Ecosystem- following support for the CHAT's door-to-door backpack strategy.

## July

- Continued delivering door-to-door FP services, including referrals to nearby health facilities and to other social support service stakeholders.
- Continued to conduct three motor mobile, integrated FP clinics offering basic curative care, with 10–15-day camps integrated with M&E activities.
- Received one-year funding to implement monthly activities in and around Loldaiga Conservancy in Laikipia to include CHAT's Backpack Strategy and a mobile motor integrated FP health clinic that will camp out beside communities for 10-14 days each month

## AUGUST

- Continued delivering door-to-door FP services, including referrals to nearby health facilities and to other social support service stakeholders.
- Continued to conduct three motor mobile, integrated FP clinics offering basic curative care, with 10–15-day camps often integrated with M&E activities
- An entry meeting was conducted to officially start the Loldaiga expansion project, with a monthly 10-day camping out motor mobile integrated clinic having a focus on providing access to FP services to communities and support for door-to-door backpacking
- CHAT purchased and customised a new programme vehicle, strengthening operational capacity for field activities.



## September

- Continued delivering door-to-door FP services, including referrals to nearby health facilities and to other social support service stakeholders.
- Continued to conduct three motor mobile, integrated FP clinics offering basic curative care, with 10–15-day camps often integrated with M&E activities
- CHAT updated its organisational profile, enhancing visibility and strategic positioning with partners and donors. [Watch Here](#)
- The Data and M&E team completed in-person Power BI training, strengthening real-time reporting, data visualisation, and evidence-based decision-making for program management and donor reporting.
- CHAT commemorated World Contraception Day, raising awareness on voluntary FP and reproductive health choices within supported communities.
- CHAT staff participated in Organisational Development System Strengthening (ODSS) training facilitated by AMREF through the Global Fund in Nairobi.
- CHAT held its Annual General Meeting (AGM), providing updates to trustees on program performance and organisational governance.



## October

- Continued delivering door-to-door FP services – this includes referrals to nearby health facilities and to other social support service stakeholders.
- Continued to conduct four motor mobile, integrated FP clinics integrating basic curative treatment & M&E activities, with 10–15-days camping out at a time.
- CHAT's Projects Manager attended a 10-day international conference on Non-Violent Communication (NVC) in Germany, strengthening skills for community engagement and conflict-sensitive programming.
- CHAT participated in a leadership workshop in Isiolo with conservation partners across the landscape, fostering collaboration and shared learning.

## November

- Continued delivering door-to-door FP services, including referrals to nearby health facilities and to other social support service stakeholders.
- Continued to conduct three motor mobiles, integrating FP clinics with basic curative treatment, with 10–15-day camping out at a time and often integrating M&E activities. This month, CHAT conducted M&E activities in the Mara, reinforcing data quality, learning, and adaptive program management.
- 47 CORPs gathered in Nanyuki Laikipia for 3 days supervision meeting with a focus on updating government policy guidelines and strengthening the animal health component of integrated service delivery.
- CHAT was honoured to attend the Laikipia County Development Authority (LCDA) Appreciation Event at the Governor's Compound in Nanyuki, Laikipia where it received a Certificate of Appreciation in recognition of its continued partnership and contribution to advancing Laikipia County's development agenda.



CORPs supervision meeting.



Sensitisation of conservancy rangers on FP using CHAT's PEH approach

## December

- Continued delivering door-to-door FP services, including referrals to nearby health facilities and other social support services via CORPs while most CHAT staff were on annual leave and Christmas holidays.

# FIELD STORY: CHOICE, DIGNITY, AND A HEALTHIER MORE SUSTAINABLE FUTURE

For families living in some of Kenya's most underserved landscapes, access to integrated FP health services is often none at all or shaped by distance, livelihoods, and the environment they depend on. Across CHAT's program areas, small but meaningful interventions are changing lives and futures.

1) "In Isiolo, within CHAT's Northern Rangelands ecosystem, Catherine Kanini, a mother of three, had limited access to reproductive health services until CHAT's motor mobile FP clinic reached her community. Through respectful counselling, Catherine was able to make an informed choice and received a five-year protection against pregnancy – a contraceptive implant method, giving her the freedom to plan her family with confidence.

*"I now have peace of mind knowing I can focus on my children and my future,"* she shares. Empowered by her experience, Catherine began encouraging other women to seek family planning services, helping reduce fear and misinformation in her community.

***"Healthy families and healthy ecosystems begin with informed choices."***

2) Along Kenya's coast in Mitamboni village, Kashana, a fisherman, and his wife Amina were introduced to CHAT's integrated PEH approach through CHAT's local CORP partner, Mercylyn. They learned how FP and sustainable fishing practices are closely linked — healthier, well-planned families reduce pressure on marine resources and help protect livelihoods. For Amina, access to FP meant greater control over her and her family's health & wellbeing; for Kashana, it meant hope for a more sustainable future.



Together, these stories reflect CHAT's belief that **when communities are supported to make informed health choices, both people and nature can thrive.** Through trusted local partnerships, mobile outreach, and integrated services, CHAT continues to support families in building healthier, more resilient communities.

# FINANCIAL HIGHLIGHTS



In 2025, CHAT benefited from a diverse and balanced funding base that supports the sustainability of our programs and activities. Our work was made possible through the generous support of private, corporate and foundation donors & partners, NGOs, charities and trusts, and individual supporters committed to our mission.

Approximately 80% of family planning commodities accessed by clients are provided through Ministry of Health's (MoH) public health facilities. Through CHAT's cost-efficient referral model, partners link clients to nearby MoH facilities, reducing procurement costs while maximizing coverage, value for money, and community sustainability. This diversified funding approach strengthened our financial resilience and impact.

## Revenue

In 2025, CHAT raised **\$1,193,034** to provide vital family planning (FP) services to individuals and communities.

CHAT's 2025 audit was not complete at the time this report was issued. A summary will be included in the 2026 Bi-Annual Report; however, the full audit is expected to be available by mid-March 2026 for those seeking additional detail sooner.

## Cost per client

In 2025, CHAT delivered services at an average cost of **\$6.62** per client reached.



# PARTNERSHIPS AND COLLABORATIONS

CHAT's achievements in 2025 were made possible through the support and collaboration of our key partners and friends, including:

## Donors

- "Anonymous" Trust- Kenya
- Arche Noah Stiftung- Germany
- Community Health a Poverty Solution (CHAPS) - US\*
- Community Health and Sustainable Environment (CHASE) - UK\*
- East Africa Women's League - Kenya
- Global Fund (TB)
- Kijani Trust - Kenya/UK
- Mirala Foundation - Norway
- Nanyuki Horse Show
- Penelope Martin Charitable Trust
- Stichting Carpe Diem Rotterdam - Netherlands
- The Nature Conservancy - US
- Others via PayPal, MPESA & Global Giving.



## CHAT's Integrated TB Project:

- CHAT's partner - AMREF Kenya an NGO & PR of this project funded by the Global Fund.
- CHAT supports 61 motor bike riders known locally by 'Boda-Boda Saccos' in Isiolo and Laikipia Counties - focus on TB project.

## Working Partners

- 33 grassroots health support groups, Community Health Committees (CHC) & Village Development Committees (VDCs)
- 68 community own resource persons (CORP) - being grassroot Partners
- Ministry of Health (Government of Kenya) in 19 County Governments
- Mission for Essential Drugs & Supplies (MEDS)
- Cotters Camp - Mara
- Kenya Forest Service - Mau Forest
- Kitirwa Conservancy - Kajiado County
- Loisaba Conservancy - Laikipia County
- Loldaiga Conservancy- Laikipia County
- Naibunga Conservancy - Laikipia County
- Nanapisho Conservancy - Isiolo County
- Nanapa Conservancy - Isiolo County
- Ol-donyiro Conservancy - Isiolo County
- Narupa Conservancy - Isiolo County
- Nkoteiya Conservancy - Samburu County
- Nalowuon Conservancy - Samburu County
- Kalepo Conservancy - Samburu County
- Ngilai Conservancy - Samburu County
- Kalama Conservancy - Samburu County
- Maebei Conservancy - Samburu County
- Sera Conservancy - Samburu County
- Olderkesi Conservancy - Narok County
- Naretisho Conservancy - Narok County
- Mama Mzungu Foundation
- Water Resouce Users Association (WRUAS)

# ACKNOWLEDGEMENT

CHAT extends its gratitude to all donors, partners, and supporters who made CHAT's 2025 milestones possible. To the communities CHAT serve, thank you for your trust and collaboration. To the dedicated CORP (community-based partners) who can walk for miles - literally - to bring FP and other health services to the most underserved corners of Kenya. To the Board of Trustees and CHAT team, your commitment and vision keep the CHAT mission alive. Together, we continue to connect People, Planet, and Health.

## Together We Thrive

Your support is transforming lives. Every contribution to CHAT helps deliver:

- Life-saving accessible FP/reproductive health services
- Referrals for TB screening and treatment
- Community resilience through CHATs delivery of holistic FP that integrates components of environmental awareness and sensitization into its FP services
- Opportunities for entire communities to mitigate suffering & poverty

## Support CHAT today: Ways to Give



<https://www.globalgiving.org/donate/6423/communities-health-africa-trust/>


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